



**Halton Children's Trust: Minutes 24.05.18
Riverside College, Widnes**

Present:


Cllr Tom McInerney	Lead Member for Children's Services HBC (Chair)
Cllr Dave Cargill	Community Safety Police and Crime Panel
Ann McIntyre	Operational Director, Children's Organisation and Provision, HBC
Mil Vasic	Strategic Director People, HBC
Denise Roberts	NHS Halton CCG
Eileen O'Meara	Director of Public Health for Halton
Dorothy Roberts	Principal Policy Officer, People, HBC
Jane Tetlow	Cheshire Police
Libby Evans	Bridgewater Healthcare NHS Trust
Mary Murphy	Principal, Riverside College
Matthew Walker	Halton Youth Cabinet
Oliver Eren	Halton Youth Cabinet
Holly Caldwell	Halton Youth Cabinet
Callum Purchase	Halton Youth Cabinet
Rebekah Moore	Halton Youth Cabinet
Leah Priestley Black	Halton Youth Cabinet
Cameron Sherman	Youth Group
Victoria Clarke	Mental Health Champion (presentation)
Gail Clarke	Victoria's Nan
Jack Jones	Victoria's Friend
Helen Whittick	North West Boroughs Halton, CAMHS
Debbie Wright	Bridgewater Community HCT
Anne Doyle	Bridgewater Community HCT
Richard Strachan	Independent Chair, HSCB
Cleo Alonso	Vol Sector rep
Jessica Burton	Cheshire Fire & Rescue Service
Pat Hansen	Halton Housing Trust
Pauline Jones	Halton Housing Trust
Kelly Collier	Policy Officer, Children & Young People, HBC


Apologies:

Shélah Semoff	Partnership Officer, Policy, People, Performance & Efficiency, HBC
Tracy Ryan	Assistant Policy Officer, People, HBC (Minutes)
Alan Fairclough	Cheshire Police
Gareth Jones	Head of Service, Youth Justice Services
Matthew Machell	Children in Care Council
Sarah Jones	Participation and Inclusion Officer, HBC
David Baugh	Head at Pewitt Hall Primary
Vicky Wrest	Cheshire Fire and Rescue
Susan Lythgoe	Job Centre Plus
Tracey Coffey	Operational Manager, Children & Families, HBC
Angela Woolfall	Foster Carer
Sharon Canavan-Daly	Foster Carer

For Information:

David Parr	Chief Executive HBC
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Item		Action	Deadline
1.0	<p>PART A - TOPIC ITEM</p> <p>Legal Highs/Substance Misuse & Legalities</p> <p>The board received a presentation from Paula Walker, young addaction on legal highs. Legal Highs/Novel Psychoactive Substances (NPS's) are substances which altered the way our bodies react and were able to be purchased without breaking the law. The Psychoactive Substances Act came into force on 26 May 2016. It makes it an offence to produce, supply, offer to supply, possess with intent to supply, possess on custodial premises, import or export psychoactive substances; that is, any substance intended for human consumption that is capable of producing a psychoactive effect. The maximum sentence will be 7 years' imprisonment. The Law however excludes legitimate substances, such as food, alcohol, tobacco, nicotine, caffeine and medical products from the scope of the offence, as well as controlled drugs, which continue to be regulated by the Misuse of Drugs Act 1971.</p> <p>Paula led the board through an informative session around drug culture, the media, internet, side effects, stimulants and the law.</p> <p>Paula reiterated the point that the only way to determine the contents of any sample is via forensic testing. For the full presentation please see below:</p>  <p>Young Addaction Presentation 240518.</p>		
	<p>PART B - BUSINESS ITEMS</p>		
2.0	<p>Minutes/Actions 22.02.18</p> <p>Actions carried over:</p> <ul style="list-style-type: none"> Item on Halton Safeguarding Childrens Board Arrangements to be added to September's agenda as Tracey Coffey was unable to attend this meeting. <p>Minutes accepted as accurate.</p>	<p>KC/TC</p>	<p>13.09.18</p>
2.1	<p>Mental Health Champions</p> <p>The board received a presentation on the Halton Youth Cabinet Mental Health Champions led by Victoria Clarke.</p> <p>Victoria informed the board that mental health is an issue that is regularly raised at Halton Youth Cabinet (HYC). Young people have raised issues with HYC around services, access to those</p>		

	<p>services and the support young people receive through schools and colleges. HYC has recently closed its survey around young people’s thoughts on mental health. They had over 200 responses. Data is being crunched and results will we shortly be released. Initial feedback was provided and this can be found in the presentation below.</p> <p>In early 2018 Halton Youth Cabinet received funding from the Community Foundation for Merseyside to deliver their Mental Health Champions Programme which was delivered at Grangeway Youth Centre with the support of young addaction. 18 young people received accredited Mental Health First Aid training through the Mental Health Foundation.</p> <p>Going forward HYC would like to see:</p> <ul style="list-style-type: none"> • Greater awareness and promotion of mental health support services in schools and colleges – no young person should struggle to find help if they need it. • Mental Health First Aid training for all young people. Help us to help each other. • Promotion of positive mental health built in to the curriculum. Keeping healthy is an important life skill – teach us how to do it! • Schools to develop peer mentoring and support groups to help students. • Mental health talked about in a positive fashion in schools and the community. <p>More detail can be found within the presentation.</p> <p>Ann informed the young people that once the programme is up and running schools that have not engaged will see what difference it is making and get on board.</p> <p>Matthew informed the board that a buddy programme is being set up in schools to help get rid of the stigma surrounding mental health</p> <p>The young people involved where thanked for all their hard work.</p>  <p>2.1 Mental Health Champions Presentat</p>		
<p>2.2</p>	<p>Early Help Strategy</p> <p>Ann presented to the board the new Everyone Early Help Strategy that combines children, adults and public health.</p> <p>There is a long standing and strong commitment to early help and prevention across all agencies and strategic partners in Halton. Within Halton during 2016/2017 the council restructured to combine the adult and children directorate to create a People’s directorate. Both of the existing directorates had in place prevention/ early intervention strategies but it was agreed</p>		

to the creation of a new joint Early Help strategy that would sit across the new People directorate.

In response to the range of national and local policy developments, this new strategy for Early Help represents a refresh of our approach and reflects our desire for an integrated approach to Early Help across children, adults and older people's services and public health as part of a whole Council approach.

Within the strategy there are five key aims

1. More children and young people will lead healthy, safe lives and will be given the opportunity to access education and develop the skills, confidence and opportunities they need to achieve their full potential;
2. More adults will have the support they need to live their lives as healthily, successfully, independently and safely as possible, with good timely access to health, mental health and social care services;
3. Everyone will be given the opportunity to voice their opinions and experiences to ensure that services meet their individual needs;
4. The best possible services will be provided within the resources we have, giving excellent value for the public.
5. Our workforce will continue to thrive and work effectively to support each other and the community they serve, ensuring that we have a confident, competent, happy workforce.

Contained within the strategy there are 3 priorities that we are wanting all agencies to work towards to help further embedded early help principles.

1. The right early help, in the right place at the right time.
2. Ensuring a whole system approach to early help with strong partnership working
3. Empowering local people and communities to build capacity and resilience, to enable people and communities to do more for themselves.

Going forward we will focus on some key elements to assist with our early help offer these will be around improving information management and use of information technology, enhancing co-ordination and timing of service delivery, enhancing approaches to whole household and/or family support and building resilience and community capacity.

The development of a robust early help offer for children, young people, adults and families in Halton will prevent problems escalating and becoming entrenched and more complex. It will also lead to a reduction in the need for more costly, specialist and statutory services while preventing unnecessary trauma and emotional upheaval for families.

	<p>The board agreed to support the implementation of the strategy.</p> <p>The young people asked for a 2 sided, jargon free summary of the strategy similar to what was produced for the Children, Young People and Families Plan.</p> <p>Action:</p> <ul style="list-style-type: none"> • Ann to ask Clare Hunt to produce a 2 side, jargon free summary version of the Early Help Strategy. 	Ann	13.09.18
2.3	<p>CYPFP Action Plan Snapshot Update – Early Intervention</p> <p>As agreed at the last meeting the board were presented with an updated snapshot of priority 1 – early intervention. The board agreed this was more manageable and easy to navigate through.</p> <p>It was agreed that an update on priority 2 –achievement and ambition will come to the next meeting.</p> <p>Action:</p> <ul style="list-style-type: none"> • Kelly to update the action plan: priority 2 – achievement and ambition, and bring to the next meeting. 	Kelly	13.09.18
2.4	<p>Future Topic Discussion Items</p> <p>Ann informed the board that topic item discussions that were previously identified have now all taken place.</p> <p>After discussion a topic that was identified by Halton Youth Cabinet (HYC) was post 16 opportunities specifically around education and jobs.</p> <p>Ann reiterated that the idea of these topic discussion items is that young people work with the lead agency on developing the discussion item. This hour session could include activities etc. to make it interactive. The following meeting the lead agency returns and presents a ‘you said, we did’.</p> <p>Members of HYC agreed to discuss at their meeting what topic items for discussion would be of use and return to cypolicy@halton.gov.uk for them to be arranged.</p> <p>The young people agreed that they would work with the lead agency to develop these.</p> <p>Action:</p> <ul style="list-style-type: none"> • Kelly to send a list to Phil McClure of previous topic item discussions. • Halton Youth Cabinet to discuss and identify what future topic items they would like to see on the 	Kelly HYC	05.06.18 20.07.18

	<p>agenda and email cypolicy@halton.gov.uk with a list.</p> <ul style="list-style-type: none"> • Lead agency and young people to work together on the topic item. 	HYC/Lead Agency	Ongoing
	PART C - INFORMATION ITEMS		
3.0	<p>Key Partner Updates</p> <p>It was raised at the meeting that there is no longer a parent representative on the board. That Venus is working with a parent group to develop a suitable rep. In terms of Halton impart Ann informed the group that Julia Sumner has stepped down. New arrangements are currently being looked at.</p> <p>The board thanked Mary for the use of the room.</p>		
	<p style="text-align: center;">2018 Meeting Dates/Time</p> <p style="text-align: center;">Riverside College, Kingsway Campus, 4.30-6.30pm</p> <ul style="list-style-type: none"> • Thurs 13 September '18 • Thurs 22 November '18 		